

Clackmannanshire - Covid Protection Level 3

What does this mean for Reachout?

The Scottish Government have identified Mental Wellbeing as a top priority during this pandemic and as such advises that support services continue to operate where possible in level 0-3 areas with restrictions in place.

Reachout is open and running in-person workshops in the studio as well as remote projects members can join in with from home.

Correct at the time of writing, check Facebook/our website for up to date information.

- All activities at Reachout must be booked in advance.
- At present, only members who are able to wear a mask can access Reachout.
- The fees are £1.50 per visit.

Stirling – Covid Protection Level 4 - Unfortunately, at this time anyone living in a level 4 area (e.g. Stirling Council Area) cannot access Reachout. We hope that this will be reviewed and reduced as planned by the Scottish Government on 11th December so we can welcome back members from these areas from Monday 14th December.

Video: See our website for our 'What to expect when you come to Reachout' video.

Full details of our Covid studio procedures can also be found on our website:
www.reachoutwithartsinmind.org.uk

Exhibitions

HAPPY PLACES - A selection of work created throughout 2020 is due to be displayed in the main corridor and X-ray department of Forth Valley Royal Hospital from December - January.

This exhibition, 'Happy Places' includes vibrant collages from workshops with Sessional Artist Iona Leishman at the beginning of the year, fantastic postcards sent to us by members during lockdown, and finally, a compilation of plasticine stop frame animations created by young carers from Central Carers and Reachout members during our in-person workshops since early October.

We hope this selection of work will put a smile on the faces of patients and staff in the hospital. 😊

GNOME SWEET GNOME -

An amazing ensemble of Gnomes have gathered together to take centre stage in Reachout studio. Short film showing them in all their glory coming very soon to our website!



We want to get these Gnomes home for Christmas so we'll be in touch soon to arrange getting them back to their creators!

Remote / Home Activities

Hand-sewing kits include pre-cut felt and everything else you would need to make your own little felt animal to keep or give away as a gift. You'll also receive a sheet with different types of stitches on it for inspiration.

HAND-SEWING KITS



Paint your own ceramic figure!

After the popularity of the gnomes, we wondered if you'd like to receive another ceramic figure to paint any way you like! Giraffe or Llama, the choice is yours... We were blown away by the variety of your gnomes and would love to see another fantastic herd of individual creations!

Key Dates

Friday 18th December: Reachout closes for the Christmas break for two weeks.

Monday 4th January: Staff return to work.

Monday 11th January: Studio opens and we start offering in-person workshops again.

We will continue to keep offering remote/home activities for anyone who may not want/be able to return to the studio yet. These will also hopefully be good projects to do over the Christmas break when Reachout will be closed.

If you'd like to take part in any activity or receive packs for remote/home projects please get in touch.



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