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Members Activities December 2021 & January 2022



All workshops/creative spaces must be booked in advance info@reachoutwithartsinmind.org.uk 01259 214951

Units 27 & 28 Lime Tree House North Castle Street, Alloa, FK10 1EX





LAST DAY OPEN 2021

Tuesday 21st December

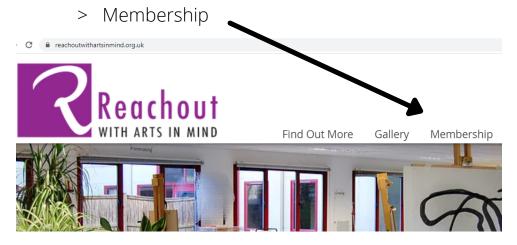
WORKSHOPS
RESTART 2022

Monday 10th January

FOR REFERRERS

Please refer to our website for further information about Reachout membership

www.reachoutwithartsinmind.org.uk



To make a referral, please first complete our online referral form. We will then contact you to discuss further.



DECEMBER CREATIVE SPACES

Creative Space sessions in the studio allow you to work on your own projects in the company of other members using Reachout studio space and resources (or bring your own).

Bookable sessions in December:

Thursday 2nd 10am-12pm

Tuesday 7th 1.30-4pm Thursday 9th 10am-12pm

Monday 13th 10am-12pm Monday 13th 1.30-4pm Tuesday 14th 1.30-4pm Thursday 16th 10am-12pm

Monday 20th 10am-12pm Monday 20th 1.30-4pm

Open Creative Space sessions:

You cannot book these sessions in advance and 5 spaces will be allocated on a **first-come first-serve** basis on the day.

1.30 - 4pm Friday 3rd & 10th December

JANUARY CREATIVE SPACES

Creative Space sessions in the studio allow you to work on your own projects in the company of other members using Reachout studio space and resources (or bring your own).

Bookable sessions in January:

Monday 10th 10am-12pm Monday 10th 1.30-4pm Thursday 13th 10am-12pm

Monday 17th 10am-12pm Monday 17th 1.30-4pm Tuesday 18th 1.30-4pm Thursday 20th 10am-12pm

Monday 24th 10am-12pm Monday 24th 1.30-4pm Thursday 27th 10-12

Open Creative Space sessions:

You cannot book these sessions in advance and 5 spaces will be allocated on a **first-come first-serve** basis on the day.







WE'VE LAUNCHED OUR LOTTERY PAGE

Buy your tickets from our page - we get 50%

- We now have a Clacks Community Lottery page!
- Support local causes and win prizes of up to £25,000!
- 50% of all tickets sold from our page go to us!
- PLUS 10% goes to other local good causes!
- Tickets only cost £1 per week!
- Support us and win prizes WIN WIN!

To start supporting, visit:
www.ClacksCommunityLottery.scot
and search for:

Reachout With Arts



1.30 - 4pm Friday 7th, 14th, 21st & 28th January

Supporters must be 16 years of age or older

REACHOUT ANNUAL GENERAL MEETING



Tuesday 25th January 1pm

Invitation to follow.



CHRISTMAS CRAFTS - WREATH



Wednesday 1st - 8th Dec 1.30 - 3.30pm

Create your own festive wreath by decorating a polystyrene hoop with fabric, paper, flowers and or anything you want! This series of 2 workshops is perfect for those who want to create their own festive decoration to take away with them.

Led by Leanne - Visual Arts Project Worker

WINTER STILL LIFE COLLAGE CHRISTMAS CARD

Thursday 2nd December 1.30pm - 3.30pm



Using a combination of drawing, collage, print making and mixed media to create a drawing or seasonal greeting card. You will use very simple printmaking techniques, to print simple shapes over collaged and drawn elements.

Led by Krissy - Volunteer Artist



CHRISTMAS CRAFTS - CUSHIONS



Friday 10th - 17th Dec 1.30 - 3.30pm

Create your own festive cushion with sewing machine, hand sewing or just fabric pens! This series of 2 workshops is perfect for beginners with super easy steps to follow, let's get festive!

Led by Leanne - Visual Arts
Project Worker

time you ·Studio workshops access studio Access to -·Creative Spaces ·Studio workshops £6 monthly Payable by ·Zoom workshops fee (Equal to **OPTION B** direct debit ·Remote art projects £72 for the or cash in ·Remote support year) the studio from staff on individual projects Access to -·Creative Spaces ·Studio workshops Payable by ·Zoom workshops £60 annual **OPTION C** BACS or cash ·Remote art projects fee in the studio ·Remote support from staff on individual projects

Payable by

cash every

£3 daily fee

Access to -

·Creative Spaces

CHRISTMAS TREE DECORATIONS

Wednesday 15th December 1.30 - 3.30pm

Create your own Christmas decorations.

Using casting methods, you will be able to create your own festive designs using Plaster of Paris. In the workshop you will be able to bring vidid colours to your creations by finishing them with coloured inks. Use your creations to decorate your own tree or pass on as a wonderful present.

Led by George - Visual Arts Project Worker

Reachout Bank Details for Options B and C

Account Name Reachout with Arts in Mind

Account Number 06094469

Sort Code 801100

Monthly Standing Orders for £6 should be set up for the 1st of each month with your name as reference.

2022 MEMBERSHIP FEES

In 2021, we introduced a new flexible fee structure for members, and this will continue for 2022 – however, as our costs continue to rise, we have had to make a small increase to each of the payment options.

OPTION A - DAILY FEE

If you would like to use the studio for Creative Spaces and workshops, the daily fee every time you visit the studio will be £3.

OPTION B - MONTHLY FEE

If you would prefer to pay monthly, you can pay £6 by direct debit each month (note that this is the equivalent of £72 for the year) and get access to all services that Reachout offers, please refer to the table.

OPTION C - ANNUAL FEE

The annual membership fee will be £60 for 2022. This is payable in January 2022 (either in cash in the studio or by BACS payment) and gives you access to all services that Reachout currently offers – please see the table.

(Please note that there may be some workshops and events run in the future that charge an additional fee for materials or trips.)

If you have any queries, please do not hesitate to contact Carly on 01259 214951, or email her at financial officer@reachoutwithartsinmind.org.uk







PAPERQUILLING

Thursday 9th - 16th December 10am - 12pm

The name quilling is thought to come from times when feathers or quills were used to coil strips of paper around to embellish books and objects. Nowadays narrow strips of coloured paper are rolled around a simple tool into coils and scrolls, and then arranged to form fine delicate layers of lacelike patterns.

Agnes will be demonstrating a few quilling techniques and perhaps you might like to produce some Christmas images which could be used to make a card for someone special.

Led by Agnes - Volunteer



CHRISTMAS WRAPPING PAPER

Friday 10th December 10am - 12pm



Create beautiful wrapping paper using innovative printing methods. Each technique will be very accessible and have the freedom for you to personalise your designs.

Led by George - Visual Arts Project Worker





Wednesday 26th January - 9th Feb 10.30am - 12pm Reachout Studio

If you would like to learn better ways to deal with common problems such as anxiety, low self-confidence, poor sleep and panic then book on to **Step On Stress.**

During each session you will watch a short film and be given helpful information booklets to take away.

Step on Stress is not group therapy or one-to-one support. You do not talk about your own problems in front of others. Just sit back and learn some great ways to Step On Stress.

PAINTING LANDSCAPES

Wednesday 12th - 26th January 1.30 - 3.30pm



Use whatever painting medium you like, watercolour, acrylic or oil to create your own landscape painting.

Led by Leanne - Visual Arts Project Worker



ART INSPIRED BY FOOD

Friday 14th - 28th January 10am - 12pm

In this workshop, participants will look at William Morris and Orla Kiely prints to create their own healthy food

inspired digital prints using repeat pattern and photography techniques.

Led by Leanne - Visual Arts Project Worker





KNITTING GROUP





Fancy trying out Tom Daley's (Olympic gold medallist diver) activity which is a key part of his mindfulness daily routine? Then join our knitting group.

Beginners and experienced in knitting and chatting are welcome. During this one off session we will, with support if required, knit a chocolate orange cover which would make a perfect stocking filler. During this session we will discuss the possibility of having a regular weekly/fortnightly knitting workshop in 2022.

Led by Anne - Arts Resource Worker



COLLAGRAPH PRINTMAKING

2021: Monday 29th Nov - 13th Dec 2.30 - 4.30pm

<u>2022:</u> Monday 17th Jan - 7th Feb 2-4pm



The Greek word collagraph means to glue and graph, or draw.

Explore this experimental printing process, making printing plates by gluing various textured papers, fabrics, sand and string to create an image for print.

Led by Jen

- Visual Arts Project Worker

APPLIQUE





Tuesday 11th - 18th January & 1st - 8th February 1.30 - 3.30pm

Would you like to use your imagination to produce a personal textile project and do some handsewing? Then why not join us at these workshops?

Applique is ornamental needlework in which pieces of fabric are sewn to form a picture or pattern.

During the sessions you will be introduced to a wide range of simple stitches which will be used to embellish your picture or pattern. During the sessions you will have an opportunity to experiment using your imagination.

This completed piece of stitching will be, if wished, attached to personalise a cushion cover.

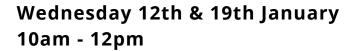
Led by Anne - Arts Resource Worker

DRAWING FROM LIFE

2021

Friday 3rd & 17th December 10am - 12pm





These workshops will help you practice your drawing and painting with a particular emphasis on trying to represent objects that we see directly in front of us. This could be in the form of a selection of objects arranged as a 'still life' in the studio, the view from the window or a portrait of a live sitter.

Led by George - Visual Arts Project Worker



ANIMATION & FILMMAKING



2021: Wednesday 1st & 8th December 1.30-3.30pm

2022: Friday 14th - 28th January 10am - 12pm

Learn how to create your own short films using a variety of film making processes including; stop motion animation techniques, using drawings, collage and sculptural materials, and experimental video techniques.

Led by George - Visual Arts Project Worker

INTRO TO CLAY



2021:

Tuesday 30th Nov - 14th Dec 10am - 12pm Wednesday 1st - 15th Dec 10am - 12pm

2022:

Tuesday 18th Jan - 8th Feb 10am -12pm Wednesday 19th Jan - 9th Feb 2 - 4pm

These weekly sessions are ideal for those with no previous clay experience and/or looking to develop skills working with air-drying clay. **Led by Jen - Visual Arts Project Worker**

WATERCOLOUR

Wednesday 1st - 15th December 10am - 12pm

Use watercolour paints and pencils to create your own festive landscapes, or experiment to create individual works.

Led by Leanne - Visual Arts Project Worker

